**Lesson planning for the semester started w.e.f. 15feb2024**

**Name of the institute Shri Guru Teg Bahadur Ji Govt. college for Girls, Taraori (karnal)**

**Name of the teacher with designation: - Mr. Harpal singh, Asst. Prof. (Psychology)**

**Subject: - Social Psychology**

**Semester: 2nd semester**

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| **Month**  | **Topic**  | **Test/ assignment**  | **Practical** |
| **February** | **Introduction: - Meaning, history, scope and relationship with sociology and anthropology.****Determinants of social behaviour.**  | **1st assignment** |  |
| **March**  | **Methods: - observation, sociometry, and survey.****Socialization: - nature, Agencies, factors affecting.****Person perception: -nature and determinants.****Attitude: -nature, formation, change and resistance to change.** | **Test** | **Sociometry.****Measurement of Attitude.**  |
| **April**  | **Interpersonal attraction: -Nature and determinants.****Prosocial behaviour: -meaning, stages, and determinants.****Aggression: -nature, causes and control.** | **Test and Assignment 2nd**  | **Aggression.****Altruism scale.** |
| **May** | **Group behaviour: - meaning, formation, types and functions.****Leadership: - nature. Characteristics, types.****Collective behaviour: -crowd, and mob.** |  | **Prejudice scale.** |

**Lesson planning for the semester started w.e.f. 1 Jan 2024**

**Name of the institute: Shri Guru Teg Bahadur Ji Govt. college for Girls, Taraori (karnal)**

**Name of the teacher with designation: - Mr. Harpal singh, Asst. Prof. (Psychology)**

**Subject: - Development psychology**

**Semester: 4th**

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| **Month**  | **Topic**  | **Test/ assignment**  | **Practical** |
| **January** | **Human development: -concept, Principles, factors: - biological, social, cultural.****Prenatal development: -determinant, stages.** |  | **Emotional maturity scale,****Youth problem inventory** |
| **February**  | **Infancy: -characteristics, hazards, adjustment.****Childhood: -characteristics, perceptual, motor, emotional, cognitive development.** | **1st assignment and test** | **Self-Esteem inventory,****Family environment scale** |
| **March** | **Adolescence: - characteristics, problems, adjustment****Adulthood: -early and late.****Aging: - changes, problems** | **2nd assignment and test** | **Impulsiveness scale****Parent-child relationship** |
| **April** | **Measures of variability: - quartile and standard deviation** |  |  |

**Lesson planning for the semester started w.e.f.1 January 2024**

**Name of the institute: Shri Guru Teg Bahadur Ji Govt. college for Girls, Taraori (karnal)**

**Name of the teacher with designation: - Mr. Harpal singh, Asst. Prof. (Psychology)**

**Subject: - Applied psychology**

**Semester: 6th**

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| **Month**  | **Topic**  | **Test/ assignment**  | **Practical** |
| **January**  | **Applied psychology: - meaning, history, fields, careers in psychology****Organisation Psychology: -nature, scope, objectives and development.** |  | **Adjustment inventory,****Interest inventory** |
| **February** | **Guidance: - principles, types, objectives, organisation of guidance programme.****Counselling: -need, principles, special areas, types.** | **1st assignment and test** | **Stress scale** **Coping styles** |
| **March** | **Health Psychology: -meaning, scope, objectives, concept of health and illness.****Psychological factors in physical illness: - life styles and health. Stress and coping****.** | **2nd assignment and test** | **Aptitude scale.****Life styles schedule** |
| **April** | **Forensic Psychology: - Psychology and law.****Eyewitness memory: - accuracy and improvement****Statistics: - correlation: meaning, Rank difference and product moment method.** |  |  |