**Lesson planning for the semester started w.e.f. july2024**

**Name of the institute Shri Guru Teg Bahadur Ji Govt. college for Girls, Taraori (karnal)**

**Name of the teacher with designation: - Mr. Harpal singh, Asst. Prof. (Psychology)**

**Subject: - introduction to Psychology**

**Semester: 1st semester**

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| **Month**  | **Topic**  | **Test/ assignment**  | **Practical** |
| **July-August** | **Introduction: Nature and Scope of Psychology; Psychology as****a Science and Present Status, Psychology in India.****Methods to Study Behaviour: Interview, Case study and****Experimental.** | **1st assignment** |  |
| **September** | **Sensation: Nature, Characteristicsand Types Structure and Functions****of Visual and Auditory sensation. Attention: Nature and****Characteristics.****Emotion: Nature, Factors Affecting and Theories: James-****Lange.** | **Test** | **Study of Emotions.** |
| **October** | **Cannon- Bard and Schachter-Singer.****Motivation: Needs, Drives, Incentives, Biological and Social****Motives.****Personality: Nature, Factors Affecting and Theories: Allport.** | **Test and Assignment 2nd**  | **Personality Test.****Verbal Test of Intelligence.** |
| **November** | **Cattell and Eysenck.****Intelligence: Nature, Factors Affecting and Theories:****Spearman, Thurstone, and Cattell.** |  | **Performance Test of Intelligence.****Simple Reaction Time** |

**Lesson planning for the semester started w.e.f. july 2024**

**Name of the institute: Shri Guru Teg Bahadur Ji Govt. college for Girls, Taraori (karnal)**

**Name of the teacher with designation: - Mr. Harpal Singh, Asst. Prof. (Psychology)**

**Subject: - Experimental psychology**

**Semester: 3rd**

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| **Month**  | **Topic**  | **Test/ assignment**  | **Practical** |
| **July-August** | **Experimental Psychology: Nature and Historical****Development. Experimental Method.****Perception: Nature and Characteristics. Perception of Form,****Depth and Movement.** |  | **Emotional maturity scale,****Youth problem inventory** |
| **September** | **Psychophysics: Nature, Concept of Continuum, and Problems.****Methods of Classical Psychophysics: Method of Limits,****Constant Stimuli and. Average Error.** | **1st assignment and test** | **Absolute Limen by Method of Constant Stimuli.****Muller-Lyre Illusion** |
| **October** | **Learning: Definition, Factors Affecting. Theories of Learning:****Trial and Error, Insight and Classical Conditioning.****Memory: Process and Types, Methods to Study Memory.** | **2nd assignment and test** | **Maze Learning.****Experiment on STM/LTM** |
| **November** | **Thinking: Nature and Types. Problem Solving: Nature and****Stages of Problem Solving.****Verbal Learning: Nature, Material, Method and Organizational****Processes.** |  | **Problem Solving** |

**Lesson planning for the semester started w.e.f.july 2024**

**Name of the institute: Shri Guru Teg Bahadur Ji Govt. college for Girls, Taraori (karnal)**

**Name of the teacher with designation: - Mr. Harpal singh, Asst. Prof. (Psychology)**

**Subject: - Abnormal psychology**

**Semester: 5th**

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| **Month**  | **Topic**  | **Test/ assignment**  | **Practical** |
| **July-August** | **Concept of Normality and Abnormality.****Models of Psychopathology: Biological, Psychodynamic, Behavioural, and Cognitive.** |  | **Adjustment inventory,****Interest inventory** |
| **September** | **Classification of Psychopathology: Need for Classification, DSM System.****Diagnostic Assessment: Case History, Interview, Projective Techniques.** | **1st assignment and test** | **PGI Memory Scale.****DMI.** |
| **October** | **Anxiety Based Disorders: GAD, OCD, and Phobic Disorders-Symptom and Causes.****Substance/Drug Abuse – Causes, Consequences and Rehabilitation.** | **2nd assignment and test** | **Anxiety Scale.****Emotional Intelligence.** |
| **November** | **Mood Disorders: Unipolar and Bipolar-Symptoms and Causes.****Schizophrenia: Nature, Types, and Causes.** |  |  **Depression Inventory** |