

Shri Guru Teg bahadur Ji Government College, Taraori(Karnal)

Department: Psychology.

Class: B.A. 2nd sem.

Subject: Social Psychology.

Lesson Plan 2024-25

Month		
Feb.	Week 1	
	Week 2	Meaning, History, Scope of Social Psychology.
	Week 3	Relationship of Social Psychology with Anthropology & Sociology; Observation method.
	Week 4	Sociometry & Survey method.
March	Week 1	Socialisation: Nature, Agencies and Factors affecting socialisation.
	Week 2	Person Perception: Nature & Determinants; Attitude: Nature.
	Week 3	Attitude Formation & change.
	Week 4	Resistance to change of attitude.
April	Week 1	Interperson Attraction: Nature and Determinants.
	Week 2	Prosocial Behavior: Meaning, stages.
	Week 3	Determinants of Prosocial Behavior; Aggression: Nature.
	Week 4	Aggression: Cause, & Control.
May	Week 1	Group Behavior: Meaning, Formation, & Types.
	Week 2	Functions of groups; leadership: Nature & characteristics;
	Week 3	Types of leadership;
	Week 4	Collective Behavior: Crowd & Mob.

Incharge
Almugh

Shri Guru Teg bahadur Ji Government College, Taraori(Karnal)

Department: Psychology.

Class: B.A. 4th Sem.

Subject: Developmental Psychology.

Lesson Plan 2024-2025

Month		
Feb	Week 1	
	Week 2	Human Development : concept, Principles, & Issues.
	Week 3	Determinants of Human Development; Psycho- -dynamic perspective;
	Week 4	Behavioral & contextual perspective.
March	Week 1	Earliest development:- Basic of Genetics,
	Week 2	Transmission of Genetics genetic Information Inherited & Genetic disorders.
	Week 3	Prenatal development:- Fertilization, Stages,
	Week 4	Threat to Prenatal development in Prenatal environment.
April	Week 1	Infancy and childhood:- Physical development
	Week 2	Cognitive & Social development.
	Week 3	Adolescence: Physical and Sexual maturation.
	Week 4	Nutrition and Eating disorders.
May	Week 1	Threats to Adolescent's well being:- Aggression & Bullying.
	Week 2	Juvenile Delinquency & obesity.
	Week 3	Aging: Concept, Factors: Biological,
	Week 4	Psychological Factors of Aging; Dementia & Alzheimer.

Incharge
H Singh

Shri Guru Teg bahadur Ji Government College, Taraori(Karnal)

Department: Psychology.

Class: B.A. 6th Sem.

Subject: Applied Psychology

Lesson Plan : 2024-25

Month		
Jan	Week 1	Applied Psy: Meaning, History.
	Week 2	Field and career in Psychology. organisational Psy:- Nature, scope
	Week 3	objectives
	Week 4	Development.
Feb	Week 1	Guidance: objectives, Principles,
	Week 2	Types of Guidance, Organisation of Guidance Programme
	Week 3	Counselling :- Need, Principles
	Week 4	Special areas and types of counselling
March	Week 1	Health Psy:- Meaning + Scope
	Week 2	objectives and concept of Health and Illness
	Week 3	Psychological factors in Physical Illness
	Week 4	Life style and Health, Stress + coping
April	Week 1	Forensic Psy: Psychology and Law,
	Week 2	Eye-witness Testimony: Accuracy + Improvement
	Week 3	Statistics: Correlation - meaning, Rank-diff. method
	Week 4	Pearson Product moment method.

Incharge
H Singh