

Lesson planning for the semester started w.e.f. October 2021

Name of the institute: Govt. college for Girls, Taraori (karnal)

Name of the teacher with designation: - Mr. Harpal Singh, Asst. Prof. (Psy)

Subject: - Introduction of Psychology

Semester: 1<sup>st</sup>

Month	Topic	Test/ assignment	Practical
October	Psychology: -history		
November	Subject matter Methods of psychology: - experimentation, observation, survey Sensory process: - visual and auditory (structure and function)	1 <sup>st</sup> assignment and test	Performane test of intelligence, observation
December	Perception: - nature, form perception (figure and ground), perceptual Organistion, depth perception cues  Emotion: - nature, bodily changes, theories: - James-Lange, Cannon-Bard, Schachter- Singer	Test	Test of motives, EPI
January	Motivation: - nature, biological and psychological motives  Personality: - nature, determinant, type and trait approach  Intelligence: - nature, theories: - Spearman, Thurstone, Cattell	2 <sup>nd</sup> assignment	Study of emotions



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Name of the institute: Govt. college for Girls, Taraori (karnal)

Name of the teacher with designation: - Mr. Harpal singh, Asst. Prof. (Psy)

Subject: - social psychology

Semester: 3

Month	Topic	Test/ assignment	Practical
October	Introduction: nature, subject matter.		
November	Sociometric method Socialization: - nature, process, agents Group : -types, function: social norms: - meanings and char. , formation	1 <sup>st</sup> assignment and test	Sociometry
December	Leadership: - types, trait, situational , intetactical  Attitude:- char., development. Formation and change  Prejudices:- nature, development, stereotypes	Test	Attitude scale
January	Prosocial beha.: - nature, determinants, cog models Aggression: -nature, determinants, prevention	2 <sup>nd</sup> assignment	Aggression scale Social confirmity

*Harpal Singh*

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Name of the institute: Govt. college for Girls, Taraori (karnal)

Name of the teacher with designation: - Mr. Harpal singh, Asst. Prof. (Psy)

Subject: - Abnormal psychology

Semester: 5<sup>th</sup>

Month	Topic	Test/ assignment	Practical
October	Concept of normality and abnormality Models:- biological , cognitive		
November	Model:- psychodynamic , behavioural  Classification:- need, DSM system  Diagnostic assessment: - case study, interview, projective techniques	1 <sup>st</sup> assignment and test	CAQ TAT
December	Anxiety based disorders: GAD, OCD, Phobia- symptoms and causes Drug abuse:- cause, consequences, rehabilitation	Test	PGI memory scale Anxiety scale
January	Mood disorders:- unipolar and bipolar - symptoms and causes Schizophrenia:- nature , causes types	2 <sup>nd</sup> assignment	Depression scale

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